



End of the Year Message

This time of year can pass quickly, making it difficult to appreciate the recent year and all that has been accomplished, but our team would like to encourage everyone to take some time, slow down, and soak in the gift of presence. Presence helps us to appreciate and connect with those around us and reflect on the accomplishments of this past year.

Phases come and go, and there is always a new challenge ahead that parents and caregivers must prepare for, but parents also want to soak in the current stage and be present in for their child. As parents, we would never want to miss our child growing up because we are only focused on the future because we know how present we are with our children today shows

up for our children tomorrow. The same is true with this important work we all do each day.

Here at Pennsylvania Family Support Alliance, we know there is always much more to be done to better protect children from abuse and neglect. We recognize that the progress we made this year is necessary for the progress that we need to make next year. We also understand that challenges will arise, and we must be prepared through thoughtful planning — but we cannot only think of the past and the future if we want to grow from one year to the next.

Of course, looking ahead and being aware of the areas where we need to put more time and energy are essential, but it is crucial to avoid

letting that forward-thinking take the place of where we are now and what that means to us.

If we can be intentional about celebrating the small victories of today and appreciating the challenges that come with it, the present moments will be harder to overlook and filled with much more meaning and excitement, allowing us to soak in these critical moments.

At PFSA, our team is excited about what we can offer in 2023, where we can expand our offerings, and the opportunities that lie ahead.

But we are also taking time to acknowledge the important partnerships we have with so many incredible organizations, like yours, and the genuine progress that is made each day through meaningful collaboration.

We are taking a breath and slowing down — in order to speed up. In other words, we know that improving in the future first requires us to focus on our present.

Presence will look different for everyone and uniquely impact each of us. But during this time of year when life is hectic, schedules are busy, distractions are plentiful, and a list of gifts to give is top of mind, give yourself the most important gift of all and choose to focus on presence. To explore this topic of presence further, please check out our blog [here](#).

*With gratitude
and warm wishes,*

The PFSA Team





Join the **CBCAP Network!**

PFSA is inviting community-based organizations to consider joining our Community-Based Child Abuse Prevention (CBCAP) Network!

This is a diverse network of child-protective and family-serving organizations that make a positive statewide impact on the children and families throughout Pennsylvania. All CBCAP Network members receive benefits from PFSA, such as parenting and caregiver resources, educational materials, professional development opportunities for staff, discounts on training and materials, and so much more.

If you are looking to join a network committed to preventing child abuse, supporting families, and working toward a brighter future, consider PFSA's CBCAP Network. To learn more about the CBCAP Network, the benefits, or how to sign up, contact PFSA's Prevention Services Manager, Justin Donofrio, at jdonofrio@pafsa.org.

SAVE *the* DATE

PA Child Abuse **PREVENTION SYMPOSIUM**

Mark your calendar
and plan to join us on
September 13, 2023
for PFSA's annual **PA
Child Abuse Prevention
Symposium!**

This all-day **virtual event** will feature acclaimed speakers and presentations on current topics and emerging trends relevant to a variety of professionals and organizations that provide services to children and families. **Additional event details and information will be formally announced soon!**

Follow us to stay connected!



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@ProtectPAKids



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@pa-family-support-alliance



PFSA
@pafamilysupportalliance



PA Family Support Alliance
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**Help us support children,
families, and communities
across Pennsylvania by
donating to PFSA today!**

Your gift will help PFSA continue to deliver successful training, education, and ongoing support to PA families and children.

Visit **pafsa.org** to learn more
and donate!



UPCOMING PFSA TRAININGS

Families in Recovery New Facilitator Training

This research-based program is a great resource for parents, guardians, and caretakers recovering from substance use disorder. The program aims to teach healthy coping and parenting skills while balancing the needs of recovery.

New facilitators of the Families in Recovery (FiR) program will be fully prepared to implement the program and provide training after attending a two-day comprehensive session consisting of content, education, and application instruction of the curriculum. FiR facilitators come together to share program implementation experience, ideas, and insights following initial training.

All organizations interested in implementing the Families in Recovery program are required to enter an agreement contract with PFSA and participate in the evaluation requirements of the program. FiR contracts include ongoing technical assistance, program development, facilitator calls, and assistance with data collection procedures.

Dates: January 24 & 25, 2023 (*virtual*) **OR**
April 18 & 19, 2023 (*virtual*)

Time: 9:00 a.m.-3:30 p.m.
(*half-hour lunch break*)

Cost: Email Justin Donofrio, Prevention Services Manager, at jdonofrio@pafsa.org for the paperwork or to ask any questions.

Mandated Reporter Training

PFSA has several options for mandated reporter training for staff and volunteers. Certificates are provided to the participants, and upon request, we will upload confirmation of your training to the Departments of State or Education for CE fulfillments under Act 31 and/or Act 48. CLEs are also available for attorneys.

LIVE IN-PERSON/VIRTUAL

Cost: Free

How to register: Find and register for a virtual session here: pafsa.org/mandated-reporter-training

INDIVIDUAL ONLINE, ON-DEMAND

Cost: \$30

Take anytime: pafsa.org/on-demand-online-training

TRAIN-THE-TRAINER

This is an opportunity for organizations to develop their own quality, cost-efficient, in-house training program for employees on child abuse recognition and reporting.

Dates: January 10 & 11, 2023 (*virtual*) **OR**
April 20 & 21, 2023

Time: 9:00 a.m.-3:00 p.m.
(*half-hour lunch break*)

Cost: \$1,000 per trainer, entering into a three-year contract with PFSA. Email Haven Evans, Director of Programs, at hevans@pafsa.org for the paperwork or to ask any questions.