



Family Digital Wellness **How to Ensure Digital Devices Don't Become the "Third Parent"**

Being a parent can be exhausting. And for parents without a strong support system, it's even more draining. Kids want constant engagement and when parents are stretched thin, handing a kid a mobile screen (i.e. a smartphone or tablet) can feel like the only option. It keeps kids occupied and quiet, so what is the harm?

The ability to replace boredom with the instant results that come with technology is how the concept of the "iPad kid" was born, a child raised alongside a device that seemingly does

it all. Over time, however, that screen becomes more than a babysitter; it becomes a third parent, shaping attention spans, emotional habits, and how they see the world.

SO, WHAT CAN YOU DO?

Check out **our blog** for tips on how you can avoid the pitfalls of a device becoming the "Third Parent" in your home.





CBCAP Network Member: Berks County Children & Youth Service

PFSA welcomes a new member of the Community-Based Child Abuse Prevention (CBCAP) Network, **Berks County Children & Youth Services**. PFSA is proud to partner and collaborate with diverse, dedicated, and committed organizations that advance the important work of preventing child abuse and neglect. Thank you for your commitment and dedication!

To find out more about CBCAP Network benefits or to learn about becoming a CBCAP Network member, **visit our website**.



PA Child Abuse **PREVENTION** **SYMPOSIUM**

NOV 6th 2025

SAVE THE DATE!

Mark your calendar and plan to join us virtually on **November 6, 2025**, for PFSA's annual **PA Child Abuse Prevention Symposium!**

CREDITS ACT 48 | CEUs | CLEs





We've Moved!

We are excited to announce that our office has officially moved to a new location! Please update your records to reflect our new address to ensure there are no disruptions in communication or correspondence.

All other contact details, including phone numbers and email addresses, will remain the same.

100 Sterling Parkway, Suite 100, Mechanicsburg, PA 17050

UPCOMING PFSA TRAININGS

Families in Recovery (FiR) New Facilitator Training

This research-based program is a great resource for parents, guardians, and caretakers recovering from substance use disorder. The program aims to teach healthy coping and parenting skills while balancing the needs of recovery.

New FiR facilitators will be fully prepared to implement the program and provide training after attending a two-day session that covers content, education, and implementation of the curriculum. FiR facilitators come together during training to share program implementation experience, ideas, and insights.

All organizations interested in implementing FiR are required to enter into a contract with PFSA and participate in the evaluation requirements of the program. Contracts include ongoing technical assistance, program development, facilitator calls, and assistance with data collection.

Dates: July 15 & 16, 2025 (*virtual*)
October 20 & 21, 2025 (*virtual*)

Time: 9:00 a.m.—3:30 p.m.
(*half-hour lunch break*)

Cost: Contact PFSA's Prevention Services Manager, Justin Donofrio (jdonofrio@pafsa.org), for paperwork or to ask questions.

Mandated Reporter Training

PFSA has several options for mandated reporter training for staff and volunteers. We provide certificates to participants and, upon request, will upload confirmation of the training to the Departments of State or Education for CE fulfillments under Act 31 and/or Act 48. CLEs are also available for attorneys.

LIVE IN-PERSON/VIRTUAL

Cost: Free

Register [here](#) for a virtual session.

INDIVIDUAL ONLINE, ON-DEMAND

Cost: \$30

Sign up [here](#) to take any time.

TRAIN-THE-TRAINER

This is an opportunity for organizations to develop their own quality, cost-efficient, in-house training program for employees on child abuse recognition and reporting.

Dates: July 29 & 30, 2025 (*virtual*)
October 16 & 17, 2025 (*virtual*)

Time: 9:00 a.m.—3:00 p.m.
(*half-hour lunch break*)

Cost: \$1,000 per trainer entering into a three-year contract with PFSA. Email Haven Evans, Director of Programs (hevans@pafsa.org), for paperwork or to ask questions.

Get involved and follow us on social!

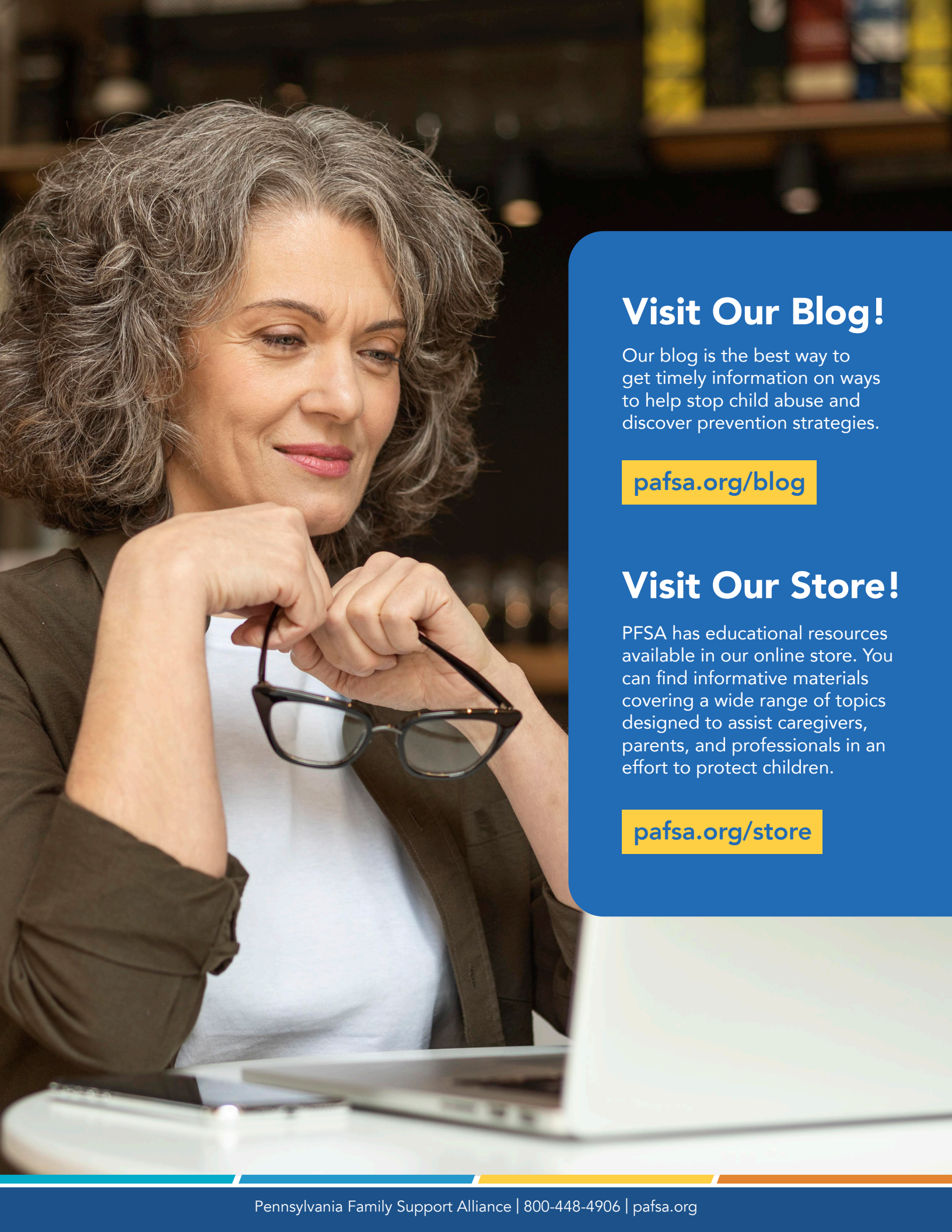


#ProtectPAKids

Help us support families and communities across Pennsylvania by donating to PFSA today. Your gift will help PFSA continue to deliver successful training, education, and ongoing support to Pennsylvania families and children.

Visit pafsa.org to learn more and donate!





Visit Our Blog!

Our blog is the best way to get timely information on ways to help stop child abuse and discover prevention strategies.

pafsa.org/blog

Visit Our Store!

PFSA has educational resources available in our online store. You can find informative materials covering a wide range of topics designed to assist caregivers, parents, and professionals in an effort to protect children.

pafsa.org/store