



September is National Recovery Month

Substance abuse disorders (SUD) affect over 20 million Americans aged 12 and over, and 9.2 million people over age 18 had both a substance use disorder and a co-occurring mental illness.

Sadly, these numbers are expected to rise as a result of the stress and trauma caused by the COVID-19 pandemic, whose full impact remains unknown. It is reasonable to predict many will need support on their road to recovery.

September is National Recovery Month (a.k.a. Recovery Month), which aims to educate others and promote the important message that prevention works, treatment is effective, and people do, in fact, recover from addiction.

Millions of Americans have transformed their lives through recovery, and these successes often go overlooked and unobserved. Each September, thousands of prevention, treatment, and recovery programs and services around the country celebrate the successes of these people and share them widely in an effort to educate the public about recovery, how it works, for whom, and why. Education and awareness are a critical element of Recovery Month.

In September, there is also a special day dedicated to those professionals working with others in addiction and recovery. This year, National Addiction Professionals Day will be celebrated on Sept. 20, 2021, as part of National Recovery Month. This day recognizes vital players in the health

system and continuum of care: addiction professionals.

The 2021 National Recovery Month theme is "Recovery is For Everyone: Every Person, Every Family, Every Community." This message reassures people in recovery and the people who surround them that they have others behind them on their journey through recovery.

PFSA supports the efforts of those in recovery and wants to help them build a bright, meaningful future. Specifically, PFSA has focused on helping parents and caregivers in the recovery process through our very own Families in Recovery program. This program is person-focused and family-centered, supporting individuals in exploring strengths, needs, and resiliencies.

With a trauma-informed approach and the integration of the Strengthening Families Protective Factors, our Families in Recovery program provides the education, tools, and skills necessary to navigate and balance the recovery and parenting processes.

If you are interested in implementing the Families in Recovery program for your organization, check out our "Upcoming Trainings" section to find dates for the next New Facilitator Training. Reach out to Program Services Manager, Justin Donofrio, at jdonofrio@pa-fsa.org with questions and to learn more details.

To learn more about the Families in Recovery program, visit our website: pafsa.org/families-in-recovery





Board Member Spotlight: *Kathleen McGraw*

Director of Communications and Corporate Social Responsibility
Hershey Entertainment & Resorts Company (HE&R)

PFSA would like to congratulate Board member Kathleen McGraw on her selection as a Woman of Excellence by the YWCA Greater Harrisburg. We are so proud of all you do to contribute to our community and thankful to have your support as a Board Member at PFSA. **Congratulations!**

Welcome to Our New Board Members!

Join us in congratulating and welcoming to the Board five new members! We are grateful and excited to have this group of individuals join the Board and bring their unique talents, expertise, and perspectives to PFSA to further our vision for all children to grow and thrive free from abuse and neglect.

PFSA welcomes you!



Tara Dechert
Project Director
Policy Lab at Children's
Hospital of Philadelphia



George Payne
Director of Projects
Harrisburg Redevelopment
Authority



Brenda Lawrence
Retired Executive Director
Family Design Resources, Inc.



Shahid Raza
Senior Solution Manager
Deloitte



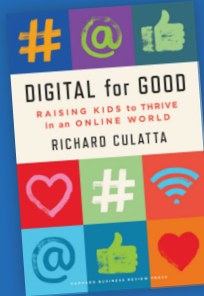
Kasey Sheffer
VP Own Brands
Giant Eagle

PA Child Abuse PREVENTION SYMPOSIUM

SEPT
22

Virtual

The PA Child Abuse Prevention Symposium will be held virtually on Sept. 22, 2021. Presentations will include a variety of topics relevant to professionals and organizations that provide programs to children. Please join us for this valuable training offered to support PFSA's core mission — to promote child abuse awareness and prevention. Register now!



All registered symposium participants will receive a copy of the book "Digital for Good: Raising Kids to Thrive in an Online World."

Special thanks to the Dauphin County Library System for providing copies of this book!

5 CEUs
or CLEs!

Click Here to Register >



CBCAP Spotlight: Beginnings, Inc.

At the center of what we do at PFSA sits the family-serving, community-based organizations across Pennsylvania that we have had the privilege to partner with over the years. The **Community-Based Child Abuse Prevention (CBCAP) Network** is a diverse network of local organizations providing a wide range of prevention services and programs to anyone in a parenting or caregiver role.

Recently, PFSA conducted an interview with one of the CBCAP member agencies, Beginnings, Inc. From this interview, we developed a blog post to highlight all of their successes over the past year, despite

the limitation of the pandemic. We invite you to check out our blog to read our newest post about Beginnings, Inc., and how they continue to make strides and look ahead to a brighter future.

You can access our blog on our website or [click here](#).

If you would like to learn more about the CBCAP Network and all the membership benefits, contact PFSA Program Services Manager, Justin Donofrio, at jdonofrio@pa-fsa.org or visit our website to submit an interest form: pafsa.org/cbcap-program.



UPCOMING TRAININGS

Families in Recovery New Facilitator Training

PFSA has scheduled a November date for the Families in Recovery (FiR) New Facilitator Training. This research-based program is a great resource for parents, guardians, and caretakers recovering from substance use disorder. The program aims to teach healthy coping and parenting skills while balancing the needs of recovery.

Organizational facilitators will be fully prepared to provide training after attending a two-day comprehensive session consisting of content, education, and application instruction of the curriculum. FiR site contracts include ongoing technical assistance, program development, facilitator calls, and assistance with data collection procedures.

FiR facilitators come together to share program implementation experience, ideas, and insights following initial training.

Cost: Please contact Justin Donofrio, Program Services Manager, at jdonofrio@pa-fsa.org for details.

Date: Jan. 12 & 13, 2022 (*virtual*)
(Registration is full for Nov. 17 & 18)

Time: 9:00 a.m.—3:30 p.m.
(*half-hour lunch break*)

Register: You must register for this virtual training by emailing Justin Donofrio at jdonofrio@pa-fsa.org.

Mandated Reporter Training

PFSA has several options for you and your staff to receive training on how to recognize and report suspected child abuse. This training is for those mandated by law to report suspected child abuse, as defined in the Child Protective Services Law. Curriculum is approved by the Departments of Human Services, Education, and State and meets all requirements for mandated reporters to receive training in recognizing and reporting child abuse (including ACT 126).

Certificates are provided to the participants, and upon request, we will upload confirmation of your training to the Department of State or Education for CE fulfillments under ACT 31 and/or ACT 48.

New this year — this curriculum has also been approved for CLEs for attorneys!

LIVE IN-PERSON/VIRTUAL

Cost: Free

How to Register: Find and register for a virtual session here: pafsa.org/mandated-reporter-training

INDIVIDUAL ONLINE, ON-DEMAND

Cost: \$30

Take Anytime: pafsa.org/on-demand-online-training

Make a Donation!

Help us to support the families and communities across Pennsylvania by donating to PFSA today. Your gift will help PFSA continue to deliver successful training, education, and ongoing support to PA families and children. Visit pafsa.org to learn more and donate!

TRAIN-THE-TRAINER (TTT)

This is an opportunity for organizations to develop their own quality, cost-efficient, in-house training program for employees on child abuse recognition and reporting. With the three-year contract, PFSA provides two days of initial instruction for approved applicants, reports CEs directly to PA Departments of State and Education, and offers ongoing technical assistance.

Cost: \$1,000 per trainer entering into a three-year contract with PFSA (payment can be broken down by year: \$400/year one, \$300/year two, \$300/year three)

How to Register: You must pre-register for this training. Email Haven Evans, director of programs, at hevans@pa-fsa.org for the paperwork or to answer any questions.

Dates: Nov. 9 & 10, 2021 (virtual)
Jan. 20 & 21, 2022 (virtual)
Mar. 23 & 24, 2022 (virtual)

Time: 8:30 a.m.—3:00 p.m.
(half-hour lunch break)

