

September is National Recovery Month!



Each September, we take a moment to acknowledge National Recovery Month (a.k.a. Recovery Month), which aims to promote and support new evidence-based treatment and recovery practices, the nation's strong and proud recovery community, and the dedication of service providers and communities who make recovery in all its forms possible.

Substance abuse disorders (SUD) affect over 20 million Americans aged 12 and over, and 9.2 million people over age 18 had both a substance use disorder and a co-occurring mental illness. However, millions of Americans have transformed their lives through recovery, and these successes are to be recognized and celebrated.

Two critical elements of Recovery Month are education and awareness, which community-based providers and professionals often lead. Recovery Month always has a theme each year. This year's theme is *Join the Voices for Recovery: Together We Are Stronger*, which is a

nod to the first responders, health care workers, community leaders, and advocates helping to support recovery in our society.

At PFSA, we tip our hats to these agencies, professionals, community leaders, and heroes who lead the way in supporting individuals and families who are on the journey to recovery.

Direct lines of support and the care of a community are invaluable to the success of those who are in recovery. **We thank you for all that you do!**

PFSA also continues to focus on helping parents and caregivers in the recovery process through our very own **Families in Recovery** program. This program is person-focused and family-centered, supporting individuals in exploring strengths, needs, and resiliencies.

With a trauma-informed approach and the integration of the Strengthening Families Protective Factors™, our **Families in Recovery** program provides the education, tools, and skills necessary to navigate and balance the recovery and parenting processes.

To learn more about the Families in Recovery program, visit our Families in Recovery section on our **website**.

To learn more about Recovery Month and to find additional resources, visit the **SAMHSA Recovery Month website**.



PA Child Abuse **PREVENTION** **SYMPOSIUM**



SEPT
14

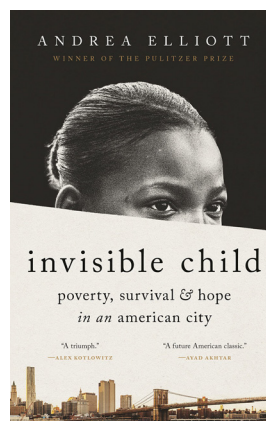
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**REGISTER
NOW** →

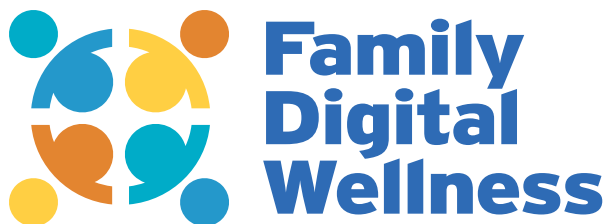
More information @ pafsa.org

Register NOW for the PA Child Abuse Prevention Symposium!

The PA Child Abuse Prevention Symposium will be held *virtually* on September 14, 2022. Presentations will include a variety of topics relevant to professionals and organizations that provide programs to children. Please join us for this valuable training offered to support PFSA's core mission — to promote child abuse awareness and prevention.



All registered symposium participants will receive a copy of the book *Invisible Child*. Special thanks to the **Dauphin County Library System** for providing copies of this book.



In June, PFSA launched a **Family Digital Wellness** initiative aimed at supporting today's parents in raising safe and healthy children in today's digital era. With this launch, PFSA made multiple resources available, including a **Raising Safe and Healthy Kids in the Digital Era Parent Toolkit**, which people can download completely free of charge.

Our Family Digital Wellness webpage also serves as a hub for updated news, media stories, research, and other relevant resources.

To learn more about PFSA's Family Digital Wellness initiative, check out the **Family Digital Wellness webpage** on our website.



#ProtectPAKids

Help us to support the families and communities across Pennsylvania by donating to PFSA today. Your gift will help PFSA continue to deliver successful training, education, and ongoing support to PA families and children. Visit pafsa.org to learn more and to donate!



UPCOMING PFSA TRAININGS

Families in Recovery New Facilitator Training

This research-based program is a great resource for parents, guardians, and caretakers recovering from substance use disorder. The program aims to teach healthy coping and parenting skills while balancing the needs of recovery.

New facilitators of the Families in Recovery (FiR) program will be fully prepared to implement the program and provide training after attending a two-day comprehensive session consisting of content, education, and application instruction of the curriculum. FiR facilitators come together to share program implementation experience, ideas, and insights following initial training.

All organizations interested in implementing the Families in Recovery program are required to enter an agreement contract with PFSA and participate in the evaluation requirements of the program. FiR contracts include ongoing technical assistance, program development, facilitator calls, and assistance with data collection procedures.

Dates: October 12 & 13, 2022 (*virtual*)

Time: 9:00 a.m.-3:30 p.m.
(*half-hour lunch break*)

Cost: Program costs have recently changed. Please contact Justin Donofrio, Program Services Manager, at jdonofrio@pafsa.org for details regarding contracts and costs.

Mandated Reporter Training

PFSA has several options for mandated reporter training for staff and volunteers. Certificates are provided to the participants, and upon request, we will upload confirmation of your training to the Department of State or Education for CE fulfillments under Act 31 and/or Act 48. CLEs are also available for attorneys.

LIVE IN-PERSON/VIRTUAL

Cost: Free

How to register: Find and register for a virtual session here: pafsa.org/mandated-reporter-training

INDIVIDUAL ONLINE, ON-DEMAND

Cost: \$30

Take anytime: pafsa.org/on-demand-online-training

TRAIN-THE-TRAINER

This is an opportunity for organizations to develop their own quality, cost-efficient, in-house training program for employees on child abuse recognition and reporting.

Dates: September 20 & 21, 2022 (*virtual*)
November 9 & 10, 2022 (*virtual*)

Time: 9:00 a.m.-3:00 p.m.
(*half-hour lunch break*)

Cost: \$1,000 per trainer, entering into a three-year contract with PFSA. Email Haven Evans, Director of Programs, at hevans@pafsa.org for the paperwork or to ask any questions.